



Alster Ergo-Cup

HAMBURG

1000 Meter vom 22.02.2016

Rang	Name	Zeit	Referenz	Abweichung [%]
1	Bernhard Strocka	00:03:18,7	00:03:15,1	1,85%
2	Thomas Barembruch	00:03:03,3	00:02:47,3	9,56%
3	Lars Ehrlich	00:03:14,9	00:02:57,8	9,62%
4	Hagen Ohlmann	00:03:17,4	00:02:57,8	11,02%
5	Kathrin Otto	00:03:47,8	00:03:19,2	14,36%
6	Jutta Gelhausen	00:03:54,2	00:03:23,8	14,92%
7	Fabian Rennack	00:03:26,0	00:02:59,0	15,08%
8	Wiebke Köster	00:03:54,8	00:03:23,8	15,21%
9	Jan Zamow	00:03:26,5	00:02:59,0	15,36%
10	Britta Berg	00:04:04,2	00:03:31,3	15,57%
11	Eike Christian Schmidt	00:03:07,5	00:02:41,9	15,81%
12	Anouk Rijs	00:03:52,0	00:03:19,2	16,47%
13	Michael Kamphues	00:03:16,4	00:02:47,3	17,39%
14	Helke Schüler	00:04:00,6	00:03:23,8	18,06%
15	Michael Bögle	00:03:27,5	00:02:54,0	19,25%
16	Timo Bicker	00:03:11,9	00:02:39,6	20,24%
17	Katja Sauerbier	00:04:14,4	00:03:31,3	20,40%
18	Sönke Jensen	00:03:21,5	00:02:47,3	20,44%
19	Selina Maas	00:04:11,0	00:03:26,8	21,37%
20	Johannes Delfs	00:03:16,8	00:02:41,9	21,56%
21	Alexander Liedtke	00:03:19,6	00:02:41,9	23,29%
22	Claudia Niendorf	00:04:09,2	00:03:21,7	23,55%
23	Stefan Kostrewa	00:03:27,3	00:02:47,3	23,91%
24	Piet Hansen	00:04:06,2	00:03:15,1	26,19%
25	Beatrice Techen	00:04:18,3	00:03:21,7	28,06%
26	Michael Damm	00:03:45,4	00:02:47,3	34,73%
27	Adrian Theel	00:03:41,6	00:02:41,9	36,87%