

# 7. Alster Ergo-Cup

## Ergebnisse

### 5000 Meter vom 29.11./01.12.2014

Rang	Name	Zeit	Referenz	Abweichung [%]
1	Stefanie Kluge	00:20:25,4	00:18:57,2	7,76%
2	Henning Plumeyer	00:17:49,3	00:16:24,3	8,64%
3	Jakob Wendel	00:17:26,0	00:15:56,4	9,37%
4	Björn Schulze-Gülich	00:17:27,9	00:15:56,4	9,57%
5	Jens-Peter Müller	00:17:54,2	00:16:18,4	9,79%
6	Rolf Meyer	00:18:58,0	00:17:06,5	10,86%
7	Christoph Dyck	00:18:05,3	00:15:56,4	13,48%
8	Sven Riedel	00:19:05,3	00:16:47,0	13,73%
9	Ansgar Heinze	00:18:20,4	00:15:56,4	15,06%
10	Stefan Kostrewa	00:18:23,5	00:15:56,4	15,38%
11	Mathias Thees	00:17:24,3	00:14:58,3	16,25%
12	Sönke Jensen	00:18:32,5	00:15:56,4	16,32%
13	Torbjörn Vik	00:19:26,1	00:16:40,5	16,55%
14	Eike Christian Schmidt	00:17:44,3	00:15:11,0	16,83%
15	Stephan Olesinski	00:18:47,9	00:15:56,4	17,93%
16	Daniela Jung	00:21:18,9	00:18:02,9	18,10%
17	Michael Schawe	00:18:56,2	00:15:56,4	18,80%
18	Piet Hansen	00:22:17,4	00:18:44,5	18,93%
19	Daniel Udvari	00:17:49,2	00:14:58,3	19,02%
20	Jean-Marc Göttert	00:19:35,4	00:16:24,3	19,41%
21	Claudia Niendorf	00:23:03,9	00:19:16,7	19,64%
22	Arne Althaus	00:17:55,8	00:14:58,3	19,76%
23	Beatrice Techen	00:22:28,1	00:18:43,2	20,02%
24	Johannes Delfs	00:18:00,7	00:14:58,3	20,31%
25	Wolfgang Beifuß	00:20:04,9	00:16:24,3	22,41%
26	Timo Bicker	00:18:36,4	00:15:11,0	22,55%
27	Stephan Haase	00:19:38,1	00:15:56,4	23,18%
28	Dr. Stefan Czerner	00:20:36,1	00:16:40,5	23,55%
29	Michael Lindau	00:21:20,1	00:17:06,5	24,71%
30	Alexander Liedtke	00:18:43,3	00:14:58,3	25,05%
31	Vinzent Gäbler	00:18:49,6	00:14:58,3	25,75%
32	Anja Kämmerer	00:22:36,4	00:17:58,0	25,83%
33	Andre Niederdorf	00:19:28,5	00:15:11,0	28,27%
34	Frank Schildt	00:19:12,6	00:14:58,3	28,31%
35	Wolfgang Uwiss	00:22:29,0	00:17:26,3	28,93%
36	Harald Witte	00:22:30,2	00:17:06,5	31,53%
37	Thorsten Tramnitz	00:22:51,7	00:16:47,0	36,22%